It's hard to imagine being told that your young child has a diagnosis of a rare type of epilepsy for parents like Laura, it became a harsh reality. When her daughter Olivia, now seven years old, was just a toddler, she started having seizures. Although general medication to help control them, they sadly just increased in frequency.

Further hospital visits revealed that a ketogenic diet could improve not only Olivia's epilepsy, but also her learning and behaviour problems. The diet which is low in carbohydrates and high in fat has been used to treat epilepsy for Laura a finding that at first, but more it's a little easier to manage. She is proud of how well Olivia manages her diet and said, “We have a lot of support, knowing she is going to make the right decision. She's like a twenty one year old and she's only seven.”

For Roald Dahl nurses like Roz, helping Olivia is all about empowering children with epilepsy. With over 700 children in her care, she knows how important it is to enable them to feel they can all be children and not be defined by their condition. Roz is incredibly dedicated to her post and always wants every child with epilepsy to believe they can be the best they’ll be. She says, “I like being able to make a difference to children’s lives and says, “We feel that the role that doesn’t need to effect them as much as it can sometimes.”

When Laura isn’t managing Olivia’s diet or looking after the unit, she can be found running a Facebook support group called ‘2,5,6 – The Ketogenic Way’. She set this up for parents to share recipes and create a platform for other parents who share similar experiences. Over 180 members from all over the world have now joined this group, helping how important parent support can be. Chloe will have to be on her side special diet for the rest of her life. Roald Dahl nurses like Roz, help and support from Roald Dahl nurses like Roz, Chloe has been able to follow her dreams and more on her much loved hobbies like gymnastics and one of Roald Dahl’s most loved books, Charlie and the Chocolate Factory. We were thrilled that 4 of these Dream Jars, which contain the dreams of human beans to find. We were thrilled that 4 of these Dream Jars, which contain the dreams of human beans to find. We were thrilled that 4 of these Dream Jars, which contain the dreams of human beans to find. We were thrilled that 4 of these Dream Jars, which contain the dreams of human beans to find. We were thrilled that 4 of these Dream Jars, which contain the dreams of human beans to find. We were thrilled that 4 of these Dream Jars, which contain the dreams of human beans to find. We were thrilled that 4 of these Dream Jars, which contain the dreams of human beans to find. We were thrilled that 4 of these Dream Jars, which contain the dreams of human beans to find. We were thrilled that 4 of these Dream Jars, which contain the dreams of human beans to find. We were thrilled that 4 of these Dream Jars, which contain the dreams of human beans to find.
Roald Dahl Nurse supports more children with \textit{Sickle Cell}.

Since the charity was founded twenty years ago, it has supported children with \textit{Sickle Cell Disease}. The need to help these children and their families affected by \textit{Sickle Cell Disease} is as important today as it was when the first Roald Dahl Nurse was appointed.

Thankfully, help is on hand from Roald Dahl Nurses, who ensure that every child with \textit{Sickle Cell Disease} and their family can access the specialist care and support they need.

Tamsin works with each individual child and their family to identify their needs and to ensure that they are provided with the best possible care.

In order to best support our Roald Dahl nurses, we provide training grants to enable them to develop their skills and to improve the care they provide.

We believe that every child deserves to have the best possible care and that their family should be supported throughout their journey.

The BFG

Roald Dahl's stories famously champion underdogs. From Charlie Bucket to Matilda, we can all relate to the world of Roald Dahl. Whether you are a child or an adult, you can feel the magic of Roald Dahl's stories by visiting our theatre, reading the books, or even by starting your own Roald Dahl Day celebrations.

Design your own \textit{Marvellous Marvin} \textit{T-shirt}.

Are you looking for an ethical present for the person who has everything? Or do you want to make your own \textit{T-shirt} and give it as a gift to a friend? Then this \textit{T-shirt} from Roald Dahl is perfect for you.

Explore Learning

Explore Learning are now offering a \textit{Roald Dahl} themed \textit{T-shirt} for ages 2-6! \textit{T-shirts} come in children's, ladies' and men's sizes. Visit: [www.thecakeandbakeshow.co.uk](http://www.thecakeandbakeshow.co.uk) and choose your own design and colour, upload a photo or logo, add a name and – hey presto! You have created your very own \textit{T-shirt} from Roald Dahl.

When you purchase a \textit{T-shirt} from Roald Dahl, you will be supporting the charity in the process! You can even create a special \textit{Roald Dahl} \textit{T-shirt} for your child's birthday party and make it even more special.

Dressing up is a fundamental part of \textit{Roald Dahl} Day. It's a fun way to bring out your inner child and to let your imagination run wild. However, you don't need to do it on your child's behalf. You can ask them what they want to be and then help them to realise their ideas. Whether it's \textit{Charlie and the Chocolate Factory}, \textit{A Charlie and the Chocolate Factory}, \textit{The Great marathon}, \textit{The Great marathon}, \textit{The Great marathon}, \textit{The Great marathon}, or even \textit{Fantastic Mr Fox}, \textit{Fantastic Mr Fox}, \textit{Fantastic Mr Fox}, \textit{Fantastic Mr Fox}, \textit{Fantastic Mr Fox}, you can create a special \textit{Roald Dahl} \textit{T-shirt} for your child's birthday party and make it even more special.

A big \textit{THANK YOU} to all our... \textit{Fantastic Fundraisers}!

A \textbf{ROCK 'N' ROLL SUCCESS}!

Emily and Catherine from Explore Learning, who have taken part in various fundraising activities, have been recognised for their efforts and have successfully completed the \textit{Liverpool Rock 'n' Roll Marathon}. They have raised over £1,100. Well done to you both!